

WE ARE IN THIS TOGETHER: EMOTIONAL REGULATION IN THE PLAYROOM

Hosted by Stacy Jagger, LMFT, RPT-S

Featuring Lisa Dion, LPC, RPT-S Creator of “Synergetic Play Therapy”

As neuroscience continues to reveal the importance of developing greater and greater capacities for emotional regulation, it is essential that clinicians understand the biology behind regulation and how to develop it within the children they work with. This full day workshop is designed to help clinicians understand exactly what regulation is and is not, the biological mechanisms in the brain and nervous system allowing for regulation, and learn practical tools for developing a child’s regulatory capacity. Clinicians will also learn what it takes and how to become the external regulator in the relationship- the most important tool to have in the toolbox.

In this workshop, Lisa makes the growing field of neuroscience accessible and relevant to clinicians of all backgrounds. This workshop caters to both experienced and new clinicians, and is applicable to private practice, agency and school settings. Clinicians will leave this workshop with a powerful new perspective on emotional regulation and ideas that they can take straight into their next session.



Lisa Dion, LPC, RPT-S is an international teacher, creator of “Synergetic Play Therapy”, clinical author and researcher, and is the founder and President of the Synergetic Play Therapy Institute. She is the host of the “Lessons from the Playroom” podcast and is the author of “Aggression in Play: A Neurobiological Approach for Integrating Intensity”. Lisa is the 2015 award recipient of the Association for Play Therapy’s “Professional Education and Training Award of Excellence” .

Stacy Jagger, LMFT, RPT-S is a mother of four, author and guest speaker. She is on a mission to restore wonder to childhood, connection to families, and intimacy to relationships. She is the architect of the 30 Day Blackout, a break from technology designed to bring parents and children closer together and unleash the natural creativity in all of us. Stacy has spent the last several years of her career building Music City Family Therapy, her practice in Nashville, Tennessee.



April 17, 2020
9AM – 5PM

Montgomery Bell State Park
1000 Hotel Avenue
Burns, Tennessee 37029

\$115 for Attendee Registration

6 CE Direct Contact APT
Approved Credits
*APT Approved Provider 09-264

Stacy Jagger, LMFT, RPT-S will also be reading from her new book “30 Day Blackout” along with a Q&A session

“I highly recommend this book. Read it, do it, and then watch your family transform from “sit and watch” to “move and play.”
– William Sears, M.D.,
coauthor of *The Baby Book*

JOIN US!

Information and online
registration at
www.stacyjagger.com